

Head, Heart & Hands are the triangle

This triangle is the base of a child's educational growth. The 22 imaging exercises in 'The Timeless Hour', a workbook with introduction and instruction video, improve the integration of cognitive, emotional and social intelligence. The video has been subsidized by the Foundation of 'Stamps for Children's Care' in the Netherlands.



The United Nations

by the Committee of the WHO has chosen 'The Timeless Hour' to be presented at the European Conference of Health & Education in 2002. The WHO motivated their choice for this workbook because of the following aspects:

- It offers direct and simple didactical tools for application in the classroom;
- Well-being for teachers as well as children in the learning process;
- Supporting the formation of personal identity of children in group processes through the emphasis on Emotional Intelligence;
- Promoting children's Social Intelligence in general and especially in multi-cultural situations;
- Because of the universal character of the method, this workbook can be put into practice in all cultures.

Michiel Czn. Dhont has developed a unique method of expressive-art based on exercises by movement and intuition through individual and collective drawing- and clay exercises which improve concentration and visual faculties. Sharing sensorial experiences causes social interaction that creates balance in the sense of the body. Enhanced self-confidence, decrease of stress, increase of creativity and profit from cognitive faculties are among the results.

The workbook The Timeless Hour offers applications for (remedial) teachers and is a source of motivation and inspiration for companions in artistic- and creative therapies and psychotherapies.

The working method in the book can be put into practice in educational as well as curative settings with children, adolescents and adults.

All exercises in the book enhance and intensify the individual- and group experience.

They also improve concentration of the child through the process of integration between the left and the right hemisphere. This inner integration enhances the interaction between children in a learning process, also where children with different ethnic backgrounds are working together.

Since today's society is evermore complex, it is important that children develop and integrate the three types of intelligence: cognitive-, emotional- and social intelligence.

Children as well as adults are confronted with deeply touching events and environmental pollution. It is their task to give sense to these events and to make conscious choices in the realization of their lives.

The ideas and the exercises in this workbook correspond closely with the developments in the last 30 years of sciences as pedagogy, neurology and social philosophy.

The Timeless Hour has been published as - 't Tijdloze Uur - in The Netherlands by Lambo Publishers, ISBN nr. 90.74119.66.2 More information about The Timeless Hour, address a.o. at www.dhont.nl
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The Timeless Hour

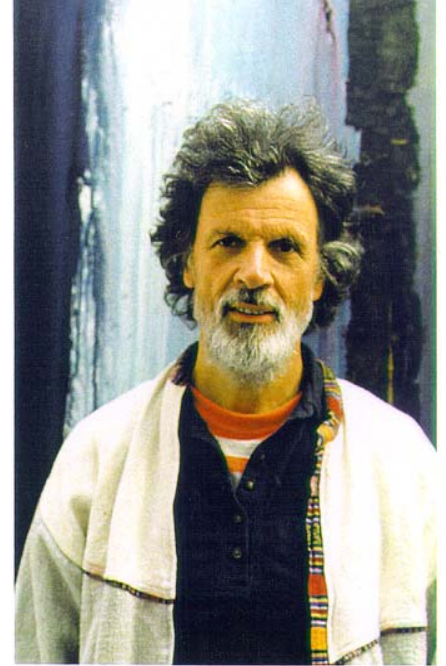
I am **Michiel Czn. Dhont** (Amsterdam, 1940), author of 'the Timeless Hour'.

My creative faculties in music and in visual art are the greatest challenge and satisfaction of my life. The more I grow, the more I see that the substance of my creations and the way I express them become (more) simple and clear. This is visible in my entire life and work. My motto is:

'trust your hands, they know all your inner images and know how to express them from your heart'.

Being aware of my Self through my own bodily sense has formed my intuitive faculties and enriched my life. The greatest miracle which inspires me to gratitude is the life with my kids that Mea, the woman with whom I live, gave me.

In the course of my life I have acquired, by way of practical accompaniment in teaching children and adults, much insight in processes of life. The workbook 'The Timeless Hour' is the result of experiences which I shared over a long period of time in different countries. They have made a precious contribution to the realisation of this book. Therefore I dedicate 'The Timeless Hour' to all the children of this world.



Curriculum Vitae

Michiel is musician in Jazz- and improvised music and is also a visual artist. He paints and makes monumental en environmental art and gives performances. On a regular basis he gives concerts and exhibits his visual art in the Netherlands and other countries.

Classical and contemporary music training: private studies piano and cello at the Conservatorium of Amsterdam. Musical performing as (double-bass) in Jazz and improvised music. Masterclasses in double bass: Ray Brown, Nils Henning, Ørsted Pedersen, Dave Holland and Miroslav Vitous.

Concerts, radio- and studio-recordings in the Netherlands a. o. North Sea Jazz Festival in The Hague, 1981, '83, '85; BIMHUIS, Amsterdam and concerts in France, Finland and U.S.A. with musicians from different nationalities.

Productions: VPRO-Life video concert O-42 Arnhem 1980 / L.P-Album 'Improvisaties' 1981 / CD – piano trio O.B.A.O meets Ab Baars 1996 / CD – grandpiano-solo 'Planetearthscapes' 1996 / Bimhuisconcert video Amsterdam 1999.

Visual Art training: Academie '63 te Haarlem, Netherlands. Artists: Ger Lataster, Arie Kater en Wessel Couzijn and at the Rietveld Academie, teachers drawing training, Amsterdam 1964 – 1969, also at the Rietveld Academie, sculpture-training by Jos Wong en Aart Rietbroek.

Exhibitions and work in collections in The Netherlands (a.o. Stedelijk Museum te Amsterdam) and in Canada, U.S.A., Danmark, Finland, France, Germany, Iceland and in the Philippines.

Travelling and Studies abroad: in U.S.A, Australia, Mexico, Maroc, Middle-East and Egypt (financed by Dutch Ministry of Culture/OC&W), India.

Teaching at primary schools and fine arts institutes in the Netherlands as well as abroad.

Productions: 8 Video's of performances, films, visual art processes with groups and concerts (music/theatre).

'Studio Molenpad' in Amsterdam has been founded by Michiel in 1975. Students do follow courses in training to become teacher/therapist in visual art expression by movement and intuition. Besides annual courses and weekendtrainings, Michiel gives summercourses in Greece (South Peloponnesos) and in the Spanish Pyrenees.

'The Timeless Hour' This workbook has been published in 2000. Since 1999 there is a workgroup of former-students of 'Studio Molenpad' for the introduction and coaching for the work method of the book 'The Timeless Hour' on primary schools and various Healthcare institutes in the Netherlands.